Mia Brownell is a New York and Connecticut based artist whose paintings use the illusionistic conventions of traditional food still-life painting, simultaneously referencing 17th century Dutch realism and the coiling configurations of scientific molecular imaging. The culture, science, and environmental issues surrounding the global industrial food complex often inspire Brownell's sci-fi still life paintings.

Brownell has received numerous awards and honors, including New York Foundation for the Arts (SOS); New York State Council on the Arts (ArtsWestchester Artist Grant); US Department of State (Art in Embassies); Public Art Commissions (University of Connecticut Health Center and the city of Geneva, NY); and Connecticut State University Research Grants. Past residencies include Millay Colony and the American Academy of Rome.

Previous solo exhibitions include Sloan Fine Art (New York, NY); J. Cacciola Gallery (New York, NY); Judy Ann Goldman Fine Art (Boston, MA); Metaphor Contemporary Art (Brooklyn, NY); Goodwin Fine Art (Denver, CO); Big Orbit Gallery (Buffalo, NY); Real Art Ways (Hartford, CT); and the National Academy of Sciences (Washington, DC).

Past museum and university solo shows include Fulginiti Pavilion for Bioethics and Humanities (Denver, CO); Lemmerman Gallery (Jersey City, NJ); Hunterdon Art Museum (Clinton, NJ); Housatonic Museum of Art (Bridgeport, CT); Union Brown Gallery (Duke University, Durham, NC); and the Castellani Art Museum (Niagara Falls, NY).

Brownell has artworks in the permanent collections of the Addison Gallery of American Art (Andover, MA); Fidelity Investments (Boston, MA); Housatonic Museum of Art (Bridgeport, CT); Hunterdon Art Museum (Clinton, NJ); Mattatuck Museum (Waterbury, CT); University of Connecticut (Farmington, CT); Wellington Management (Boston, MA); and the National Academy of Sciences (Washington, DC).

Brownell's work has been cited in numerous publications, including The New York Times, The Village Voice, Boston Globe, Artnet Magazine, and Hi-Fructose.

Mia is a Professor of Art and Design in New Haven at Southern Connecticut State University where she has been teaching painting and drawing for over 25 years.